

# STAYING PROACTIVE ON THE FARM: COVID-19

Coronavirus disease 2019 (COVID-19) is a respiratory illness and may be deadly for older people and those with weakened immune systems. This is a novel coronavirus that was first identified during an investigation into an outbreak in Wuhan, China. There have been an increasing number of confirmed cases in the United States. Below are practices that can be implemented to stay healthy and stop the spread of germs.

## CLEANING AND SANITIZING



### FACILITY/FARM

- Disinfect high-contact surfaces, including machinery/equipment, door knobs/handles, employee breakrooms, offices and tank ladders
- Wear and change gloves often while at work
- Locate where you can wash your hands, and where sanitation and cleaning equipment are stored



### FARM PERSONNEL

- Wash hands frequently with soap and warm water for at least 20 seconds
- Maintain good personal hygiene habits and arrive to work with clean clothing
- Avoid touching eyes, nose and mouth
- Avoid bringing any visitors with you to work and report any visitors to management

## FARM PERSONNEL HEALTH



Be cognizant of the following symptoms and be mindful of your health and the health of those around you:

**Symptoms of the virus include: fever, cough and shortness of breath**

- If you are not feeling well, contact a healthcare provider
  - If symptoms are present, it is encouraged to report test results to farm management
  - If tested positive, follow the recommendations of your doctor
- If you have traveled, monitor your health for any signs or symptoms of possible illness, including a fever
- Avoid close contact with anyone who is showing signs of illness and limit person-to-person contact
- Practice good hygiene both at work and at home, you and your family's health and safety are most important
- For questions regarding COVID-19 as it relates to animal health, talk to your farm manager or veterinarian